

# MAYVILLE STATE UNIVERSITY

## Physical Education

### Minor

#### Required Courses

HPER 206	Social Folk/Dance	1 SH
HPER 209	Rhythms and Tumbling	1 SH
HPER 233	Individual Fitness	2 SH
HPER 310	Foun./Hist. of Phys. Educ. and Sports	2 SH
HPER 333	Phys. Educ. for the Exceptional Child	2 SH
HPER 370	Fitness/Sports Teaching Techniques	3 SH
HPER 402	Exercise Physiology	4 SH
HPER 415	Evaluation of Psychomotor Perform	3 SH
HPER 440	Org./Admin. of Phys. Ed. and Athletics	2 SH

#### Movement Skills: (select 1 course from the following)

HPER 120	Racquet Sports	1 SH
HPER 130	Spring Outdoor Pursuits	1 SH
HPER 131	Fall Outdoor Pursuits	1 SH
HPER 135	Golf	1 SH
HPER 153	Recreational Sports	1 SH
HPER 160	Team Sports	1 SH

#### Aquatics: (select 1 course from the following)

HPER 219	Lifeguard Training	1 SH
HPER 263	Swimming and Basic Water Safety	1 SH
HPER 265	Water Safety Instructor	2 SH

#### Elementary Certification Requires:

HPER 319	Health & PE in the Elementary School	2 SH
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#### Teacher-Certification Candidates must also complete:

EDUC 398	Secondary Education Field Experience	1 SH
EDUC 426	Reading in the Content Area	2 SH
EDUC 482	Secondary Methods for Health & PE	2 SH



#### Contact

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