

EDUC 482 Health Education Methods Unit Plan

Directions:

1. Create a title page that includes:
 - a. A colored picture
 - b. The activity title
 - c. Your name and the date
 - d. The course name: HPER 482
 - e. The instructor's name
2. Select a variety of Health Education standards. Write the unit objectives and list the standards addressed. Clearly show how the objectives and standards connect to the Health unit.
3. Create a 5-day block plan. For each day, include:
 - a. An introduction
 - b. The main activity
 - c. A reinforcement activity
4. Write a complete lesson plan that includes:
 - a. Lesson topic
 - b. Grade level
 - c. Objectives and standards
 - d. Introductory activity
 - e. Lesson focus
 - f. Adaptations for diverse learners
 - g. Closure
5. Include a 5-minute block that is organized, clearly written, and easy to understand.
6. Write a Modifications for Diversity Summary that addresses:
 - a. Gender
 - b. Religious or cultural considerations
 - c. Linguistic differences
 - d. Special medical needs
 - e. Special needs or disabilities
7. Create a written test that includes:
 - a. A test title
 - b. A space for the student's name
 - c. A brief explanation or directions
 - d. Quality questions aligned with the unit objectives

8. Review all components to ensure completeness and alignment with the rubric.

Unit Plan Rubric

EDUC 482

	Excellent 10 pts	Average 5 pts	Unsatisfactory 0 pt	Points
Title Page	Title page includes: 1.Colored Picture 2. Activity Title 3. Name/Date 4. Course-HPER 482 5. Instructor name	Title page is mostly Complete- missing more than 1 of the listed components.	Title page is incomplete- missing more than 2 listed components	_____
Objectives	Objectives and standards of the unit are listed and linked to unit	Objectives or Standards are not included and linked to unit	Missing the objectives and standards	_____
5 Day plan	The 5 day Block plan includes: 1. Intro 2. Main activity 3. Reinforcement	The Block plan is missing 1 of the 3 required components.	Block plan is missing 2 or more of the required components.	_____
Lesson Plan	Lesson Plan includes: 1.Lesson Topic 2. Grade level 3. Objectives & Standards 4. Introductory 5. Lesson focus 6. Adaptations 7. Closure	The Lesson plan is missing 1 or more of the 7 required components.	Lesson plan is incomplete and missing more than 2 of the required components.	_____
5 minute block	5 minute block is present Organized Easy to understand	Other time used Not complete for whole day	No blocks present	_____

