

## EDUC 482 Health Education Methods Unit Plan

**Directions:**

1. Create a title page that includes:
  - a. A colored picture
  - b. The activity title
  - c. Your name and the date
  - d. The course name: HPER 482
  - e. The instructor's name
2. Select a variety of Health Education standards. Write the unit objectives and list the standards addressed. Clearly show how the objectives and standards connect to the Health unit.
3. Create a 5-day block plan. For each day, include:
  - a. An introduction
  - b. The main activity
  - c. A reinforcement activity
4. Write a complete lesson plan that includes:
  - a. Lesson topic
  - b. Grade level
  - c. Objectives and standards
  - d. Introductory activity
  - e. Lesson focus
  - f. Adaptations for diverse learners
  - g. Closure
5. Include a 5-minute block that is organized, clearly written, and easy to understand.
6. Write a Modifications for Diversity Summary that addresses:
  - a. Gender
  - b. Religious or cultural considerations
  - c. Linguistic differences
  - d. Special medical needs
  - e. Special needs or disabilities
7. Create a written test that includes:
  - a. A test title
  - b. A space for the student's name
  - c. A brief explanation or directions
  - d. Quality questions aligned with the unit objectives

8. Review all components to ensure completeness and alignment with the rubric.

## Unit Plan Rubric

EDUC 482

	<b>Excellent</b> 10 pts	<b>Average</b> 5 pts	<b>Unsatisfactory</b> 0 pt	<b>Points</b>
<b>Title Page</b>	Title page includes: 1. Colored Picture 2. Activity Title 3. Name/Date 4. Course-HPER 482 5. Instructor name	Title page is mostly Complete- missing more than 1 of the listed components.	Title page is incomplete- missing more than 2 listed components	_____
<b>Objectives</b>  <b>5 Day plan</b>	Objectives and standards of the unit are listed and linked to unit  The 5 day Block plan includes: 1. Intro 2. Main activity 3. Reinforcement	Objectives or Standards are not included and linked to unit  The Block plan is missing 1 of the 3 required components.	Missing the objectives and standards  Block plan is missing 2 or more of the required components.	_____
<b>Lesson Plan</b>  <b>5 minute block</b>	Lesson Plan includes: 1. Lesson Topic 2. Grade level 3. Objectives & Standards 4. Introductory 5. Lesson focus 6. Adaptations 7. Closure  5 minute block is present Organized Easy to understand	The Lesson plan is missing 1 or more of the 7 required components.  Other time used Not complete for whole day	Lesson plan is incomplete and missing more than 2 of the required components.  No blocks present	_____

<b>Modifications for Diversity Summary</b>	Summary includes modifications for: 1. Gender 2. Religious/cultural 3. Linguistics 4. Special medical 5. Special needs	Summary includes modifications for 2 or less groups	Summary is missing	
<b>Written Test</b>	Test should include: 1.Title of Test 2.Space for Name_____ 3.Test explanation 4.Quality questions	Test is missing 1 of the 4 components	Test is missing 2 or more of the components	

**Total Points** \_\_\_\_\_/50