

Mayville State University
HPER 153, Recreational Sports, 153-01
Spring, 2025
MO, WE 1:00PM-1:50PM

Course and Instructor Information

Instructor Name: Elora Passa

Contact Information: **Office:** Fieldhouse 108 B / **Email:** elora.passa@mayvillestate.edu / **Phone:** 701-261-3953

Hours of Availability: Mon-Fri 9:00AM-3:00PM / Arrange specific time through email

Instruction Mode: on-campus face-to-face

Time Zone: All times indicated throughout this syllabus reflect Central Time (CT)

Meeting Times and Location: Monday, Wednesday 1:00PM-1:50PM Fieldhouse 107

Course Description

Recreational activities in the category of lifetime sports. Examples of activities include billiards, darts, table tennis, and horseshoes.

Pre-Req: Admittance to Mayville State

Course Objectives

To successfully complete this course, the learner will be expected to meet the following objectives, as aligned to Physical Education Program Approval Standards through North Dakota's Education Standards and Practices Board ([ND ESPB](#)):

1. Understand and be able to implement the rules of the various games we will participate in.
2. Learn to keep score.
3. Successfully teach the class how to play the game according to gameplay and scoring rules.

Standards Alignment (Physical Education Program Approval Standards-ND ESPB):

- 1.b Describe and apply specialized content knowledge for teaching preK-12 physical education.
- 1.c Describe and apply physiological and biomechanical concepts related to skillful movement, physical activity and fitness for preK-12 students.
- 2.b Plan and implement progressive and sequential content that aligns with short- and long-term plan objectives and that addresses the diverse needs of all students.
- 2.c Plan for and manage resources to provide active, fair and equitable learning experiences.

Required/Recommended Materials and Technologies

- Good pair of tennis shoes are to be worn to class daily because we will be active.
- Wear athletic clothing to class daily, we will be active.

Course Expectations

- Preparation – Read, view, or listen to all assigned content prior to completing assignments & / or attending the class session.
- Participation – Actively participate in cooperative learning activities and class discussions when it calls for it. If you can't be in class, please communicate that with me in a timely matter.
- Attendance – This is a participation course. If you aren't attending or participating, you will not be setting yourself up for success in the classroom.

Instructor/Student Communication

- Students are accountable for all academic communications sent to their **Mayville State University email address**. It is expected that you **check it daily** and respond to messages accordingly. **Monitor junk mail**; Blackboard-generated messages may appear there.
- I will occasionally send messages via **Blackboard announcements**; you can either view these in your email or in the designated forum.
- You may ask questions in person, via phone, email (private), or designated Blackboard Q&A forums (visible by everyone in the class), or through Starfish (varied levels of privacy).
- I loosely monitor my email outside of my hours of availability, but you should generally expect a 24 hour/1 business day turnaround time for response. Any exceptions to this will be announced in class or through Blackboard. You may visit face to face during hours of availability or make an appointment.

Method of Evaluation/Grading

Attendance Policy – Grade will drop one letter grade after 3 unexcused absences

- Feedback and grading of any assignments will be completed weekly via BlackBoard with progress notes being completed in Starfish.
- **Late work will only be accepted for up to 50% credit**

Grading Scale

A	90 – 100%
B	80 – 89%
C	70 – 79%
D	60 – 69%
F	0 – 59%

Proctor Notification

No proctors are required for this course, or this course will use YuJa Proctoring.

Course Timeline/Schedule

See Blackboard for a summary of the course topics, readings, and due dates. Refer to the Blackboard course for full descriptions of these, and to access other content and assignments. I will notify you of any major changes in class and/or via the Announcements forum.

Enrollment Verification

The U.S. Department of Education requires instructors to conduct an activity which will validate student enrollment in this course. Class attendance will be used to verify enrollment in on-campus courses. If you do not attend, your enrollment in this course will be at risk.

Important Student Information

In the Announcements section of the Blackboard Institution Page, you can view and download the Important Student Information document for the current academic year. It includes information about:

- ✓ Land Acknowledgement Statement
- ✓ Academic Grievance Concerns and Instructor English Proficiency
- ✓ NetTutor - Online Tutoring Program
- ✓ Starfish - Student Success System
- ✓ Students with Documented Disabilities
- ✓ Student Learning Outcomes / Essential Learning Outcomes
- ✓ Academic Honesty
- ✓ Emergency Notification
- ✓ Continuity of Academic Instruction for a Pandemic or Emergency
- ✓ Family Educational Rights and Privacy Act of 1974 (FERPA)
- ✓ Diversity Statement (Title IX)

Course Timeline/Schedule

Course Timeline and Schedule are subject to change as deemed necessary by the instructor. This can be found in Blackboard.

Grading breakdown for the course as follows:

Class Leading of the sport – 100 Points

Attendance and participation – 100 Points

Sport presentation – 50 Points

Weekly Sport Reviews – 10 (Points Each) (5 minimum)

Rules quizzes / worksheets – 10 (Points Each) (5 minimum)

Total: 350

Appendix

The health and safety of our students, staff, and faculty is our top priority. Mayville State University is committed to continuing face-to-face instruction for on campus courses each semester while minimizing exposure risk and promoting health and safety for students, faculty, and staff. If there is a significant health or safety event that necessitates a change in course format, plans for remote options for this course include:

- Active learning
- Discussion
- Feedback

Learning Experiences

Learning experiences will take place in and out of the classroom. When directed, complete preparatory readings and tasks prior to the seminar meeting; most events occur outside of the scheduled class time – allow time for those accordingly, if possible, service learning activities will take place during class time. Most assignments are to be completed outside of class time and submitted through Blackboard (dropboxes, discussion forums, journal entries, etc.)

Safe Zone Statement:

I am a member of a Safe Zone Ally community network, and I am available to listen and support you in a safe and confidential manner. As a Safe Zone Ally, I can help you connect with resources on campus to address problems you may face that interfere with your academic and social success on campus as it relates to issues surrounding sexual orientation and gender identity. My goal is to help you be successful and to maintain a safe and equitable campus. For more information visit the Office of Cultural Diversity and Inclusion located in the Library, room 120J or online at www.mayvillestate.edu/diversity.

Late Arrivals

The grading system for students adding this course after the first day of instruction will be modified. The student will be graded only on the activities that transpired while the student is enrolled. Students will not be penalized for missed assignments, but the student is still responsible for learning the course material that was covered during their initial absence.