

Mayville State University

HPER 120, Racquet Sports, 120-01

Fall, 2025

Mo, We 1:00PM-1:50PM

Course and Instructor Information

Instructor Name: Elora Passa

Contact Information: **Office:** Field House 108 B / **Email:** elora.passa@mayvillestate.edu / **Phone:** 701-261-3953

Hours of Availability: Mon-Fri 9:00AM-3:00PM / Arrange specific time through email

Instruction Mode: on-campus face-to-face

Course Dates: August 25-December 19, 2025

Time Zone: All times indicated throughout this syllabus reflect Central Time (CT)

Meeting Times and Location: Monday, Wednesday 1:00PM-1:50PM Fieldhouse 107

Course Description

A one semester hour course that combines the skills used when playing several racquet games: badminton, speed minton, pickleball, racquetball, table tennis, and tennis. Students in this class will be introduced to teaching methodology for each of these racquet sports. Fall, Spring.

Pre-Req: No Pre-/Co-requisites are required

Course Objectives

1. Understand and be able to implement the rules of the various games we will participate in.
2. Learn to keep score.
3. Successfully teach the class how to play the game according to gameplay and scoring rules.
4. Understand and be able to implement modifications of the various games we participate in.

Required/Recommended Materials and Technologies

- Good pair of tennis shoes are to be worn to class daily because we will be active
- Wear athletic clothing to class daily, we will be active
- Bring a water bottle to class to stay hydrated during active days.

Use of Artificial Intelligence in this Course

- You may use AI programs e.g. ChatGPT to help generate ideas and brainstorm. However, you should note that the material generated by these programs may be inaccurate, incomplete, or otherwise problematic. Beware that use may also stifle your own independent thinking and creativity.

- You may not submit any work generated by an AI program as your own. If you include material generated by an AI program, it should be cited like any other reference material (with due consideration for the quality of the reference, which may be poor).
- Contributions from anyone or anything else- including AI sources, must be properly quoted and cited every time they are used. Failure to do so constitutes an academic integrity violation, and I will follow the institution's policy in those instances.

Course Expectations

- Preparation – Read, view, or listen to all assigned content prior to completing assignments & / or attending the class session.
- Participation – Actively participate in cooperative learning activities and class discussions when it calls for it. If you can't be in class, please communicate that with me in a timely matter.
- Attendance – This is a participation course. If you aren't attending or participating, you will not be setting yourself up for success in the classroom.

Instructor/Student Communication

- Students are accountable for all academic communications sent to their **Mayville State University email address**. It is expected that you **will check it daily** and respond to messages accordingly. **Monitor junk mail**; Blackboard-generated messages may appear there.
- I will occasionally send messages via **Blackboard announcements**; you can either view these in your email or in the designated forum.
- You may ask questions in person, via phone, email (preferred), or designated Blackboard, or through Starfish (varied levels of privacy).
- I loosely monitor my email outside of my hours of availability, but you should generally expect a 24 hour-72 business day turnaround time for response. Any exceptions to this will be announced in class or through Blackboard. You may visit me face to face during hours of availability or make an appointment.

Method of Evaluation/Grading

Attendance Policy – Grade will drop one letter grade after 3 absences

Missing any mandatory speaker will result in grade dropping one letter grade

- Feedback and grading of any assignments will be completed weekly via BlackBoard with progress notes being completed in Starfish.

Grading Policy

My goal is to grade assignments within two weeks after their due date. This will be subject to change, and I will notify students via email if I need more time to complete the grading of an assignment. Please notify the instructor

ahead of time if you are unable to complete an assignment by its expected due date. I will be more willing to work with students who notify me if they are struggling in advance to an assignments due date.

Grading Scale

A	90 – 100%
B	80 – 89%
C	70 – 79%
D	60 – 69%
F	0 – 59%

Attendance / Participation Policy

Attendance is the expectation in the classroom. If you are going to be late for class or will be missing class for any reason, please notify your instructor via email (See Above). I will allow absences that are excused as long as I am notified. If you have more than three absences throughout the semester that are not excused, it will negatively impact your final grade by one letter grade.

Breakdown of Grades

Reviews and reflections = 100 Points / 20% of final grade

Presentations & group assignments = 100 Points / 20% of final grade

Exams = 100 Points / 20% of final grade

Participation = 100 Points / 20% of final grade

Leading lesson plans = 100 Points / 20% of final grade

Course Timeline and Schedule are subject to change as deemed necessary by the instructor. More information on weekly assignments can be found in the weekly modules on Blackboard in HPER 120 course shell.

No Required Text for the Course

Proctor Notification

No proctors are required for this course, or this course will use YuJa Proctoring.

Course Timeline/Schedule

See the document named 2025 Course Schedule for a summary of the course topics, readings, and due dates. Refer to the Blackboard course for full descriptions of these, and to access other content and assignments. I will notify you of any major changes in class and/or via the Announcements forum.

Enrollment Verification

The U.S. Department of Education requires instructors to conduct an activity which will validate student enrollment in this course. Class attendance will be used to verify enrollment in on-campus courses. If you do not attend, your enrollment in this course will be at risk.

Important Student Information

In the Announcements section of the Blackboard Institution Page, you can view and download the Important Student Information document for the current academic year. It includes information about:

- ✓ Land Acknowledgement Statement
- ✓ Academic Grievance Concerns and Instructor English Proficiency
- ✓ NetTutor - Online Tutoring Program
- ✓ Starfish - Student Success System
- ✓ Students with Documented Disabilities
- ✓ Student Learning Outcomes / Essential Learning Outcomes
- ✓ Academic Honesty
- ✓ Emergency Notification
- ✓ Continuity of Academic Instruction for a Pandemic or Emergency
- ✓ Family Educational Rights and Privacy Act of 1974 (FERPA)
- ✓ Diversity Statement (Title IX)

Appendix

Instructional Strategies:

The following strategies will be used in the course for learning:

- Active learning
- Discussion
- Feedback

Learning Experiences:

Learning experiences will take place in and out of the classroom. When directed, complete preparatory readings and tasks prior to the seminar meeting; most events occur outside of the scheduled class time – allow time for those accordingly, if possible, service learning activities will take place during class time. Most assignments are to be completed outside of class time and submitted through Blackboard (dropboxes, discussion forums, journal entries, etc.)

Late Arrivals

The grading system for students adding this course after the first day of instruction will be modified. The student will be graded only on the activities that transpired while the student is enrolled. Students will not be penalized for missed assignments, but the student is still responsible for learning the course material that was covered during their initial absence.