

Mayville State University

HPER 160, Team Sports, 160-01

Spring, 2025

Mo, We 10:00AM-10:50AM

Course and Instructor Information

Instructor Name: Kyle Otineru

Contact Information: Office: HPER 129 / Email: kyle.otineru@mayvillestate.edu / Phone: 701-788-5275

Hours of Availability: Mon-Fri 9:00AM-4:00PM / Arrange specific time through email

Instruction Mode: on-campus face-to-face

Time Zone: All times indicated throughout this syllabus reflect Central Time (CT)

How to address your instructor: NOT Mr. Otineru. (Coach Otineru or Coach O)

Meeting Times and Location: Monday, Wednesday 10:00AM-10:50AM Fieldhouse FH-107

Course Description

This course focuses on the development of performance, strategies to increase performance, and knowledge in various team sports. This course will include skill instruction and implementation of those skills into a competitive game setting. Games may include, but not limited to: Rugby, Handball, Flag Football, Indoor Soccer, and Basketball.

Pre-Req: Admittance to Mayville State

Course Objectives

To successfully complete this course, the learner will be expected to meet the following objectives, as aligned to Physical Education Program Approval Standards through North Dakota's Education Standards and Practices Board ([ND ESPB](#)):

1. Gain knowledge to better develop performance and strategies in various team sports.
2. Gain knowledge in various team sports.
3. Successfully teach the class how to play the games according to gameplay and scoring rules.

Standards Alignment (Physical Education Program Approval Standards-ND ESPB):

- 1.b Describe and apply specialized content knowledge for teaching preK-12 physical education.
- 1.c Describe and apply physiological and biomechanical concepts related to skillful movement, physical activity and fitness for preK-12 students.

Required/Recommended Materials and Technologies

- Good pair of tennis shoes are to be worn to class daily because we will be active.
- Wear athletic clothing to class daily, we will be active.

Course Expectations

- Preparation – Read, view, or listen to all assigned content prior to completing assignments & / or attending the class session.
- Participation – Actively participate in cooperative learning activities and class discussions when it calls for it. If you can't be in class, please communicate that with me in a timely manner.
- Attendance – This is a participation course. If you aren't attending or participating, you will not be setting yourself up for success in the classroom.

Instructor/Student Communication

- Students are accountable for all academic communications sent to their **Mayville State University email address**. It is expected that you **check it daily** and respond to messages accordingly. **Monitor junk mail**; Blackboard-generated messages may appear there.
- I will occasionally send messages via **Blackboard announcements**; you can either view these in your email or in the designated forum.
- You may ask questions in person, via phone, email (private), or designated Blackboard Q&A forums (visible by everyone in the class), or through Starfish (varied levels of privacy).
- I loosely monitor my email outside of my hours of availability, but you should generally expect a 24 hour/1 business day turnaround time for response. Any exceptions to this will be announced in class or through Blackboard. You may visit with me face to face during hours of availability or make an appointment.

Method of Evaluation/Grading

- Homework Policy – All work must be completed and turned in by its respective due date to be eligible for full credit. Late work will be accepted for a maximum of half credit.
- Attendance Policy – Attendance and Participation are gradable units of this class. Each student will receive 1 point for each category for every class. If you are going to miss class it is your responsibility to email me no later than 30 minutes till the start of class to recuperate some of those points.
- Feedback and grading of any assignments will be completed weekly via BlackBoard with progress notes being completed in Starfish.

Grading Scale

A	90 – 100%
B	80 – 89%
C	70 – 79%
D	60 – 69%
F	0 – 59%

Proctor Notification

No proctors are required for this course, or this course will use YuJa Proctoring.

Course Timeline/Schedule

See the document named 2021 Course Schedule for a summary of the course topics, readings, and due dates. Refer to the Blackboard course for full descriptions of these, and to access other content and assignments. I will notify you of any major changes in class and/or via the Announcements forum.

Enrollment Verification

The U.S. Department of Education requires instructors of online courses to provide an activity which will validate student enrollment in this course. The only way to verify that a student has been in this course is if he or she attends the first day of class and/or completes a designated task. If one of these two criteria are not met, your enrollment in this course will be at risk.

Important Student Information

Instructions: Navigate to Blackboard > MaSU tab > Student Resources tab to find a document entitled, "Important Student Information," which includes information about:

- ✓ Academic Grievance Concerns and Instructor English Proficiency
- ✓ Starfish - Student Success System
- ✓ Students with Documented Disabilities
- ✓ Student Learning Outcomes / Essential Learning Outcomes
- ✓ Academic Honesty
- ✓ Emergency Notification
- ✓ Continuity of Academic Instruction for a Pandemic or Emergency
- ✓ Family Educational Rights and Privacy Act of 1974 (FERPA)
- ✓ Diversity Statement (Title IX)

Course Timeline/Schedule

Grading breakdown for the course as follows:

Class Leading of the sport – 100 Points Each

Attendance – 1 Pt per class

Participation – 1 Pt per class

Sport presentation – 50 Points Each

Rules quizzes / worksheets – 10 (Points Each) (5 minimum)

Appendix

Coronavirus (COVID-19) Information for On-Campus Courses

The health and safety of our students, staff, and faculty is our top priority. Mayville State University is committed to continuing face-to-face instruction for on campus courses each semester while minimizing exposure risk and promote health and safety for students, faculty, and staff. Please refer to the *Comets Choose 2.0 Guidelines and the COVID-19 Classroom Guidelines for On-Campus Courses* documents for additional information regarding implementation procedures for *Comets Choose 2.0* and classroom expectations and modifications necessary to minimize exposure risk and promote health and safety for students and faculty within on-campus classes in light of COVID-19.

In the event that a rebound in COVID-19 local infections necessitates a change in course format, plans for remote options for this course include [Insert your contingency remote plans]

Instructional Strategies

The following strategies will be used in the course for learning:

- Active learning
- Discussion
- Feedback

Learning Experiences

Learning experiences will take place in and out of the classroom. When directed, complete preparatory readings and tasks prior to the seminar meeting; most events occur outside of the scheduled class time – allow time for those accordingly, if possible, service learning activities will take place during class time. Most assignments are to be completed outside of class time and submitted through Blackboard (dropboxes, discussion forums, journal entries, etc.)

Safe Zone Statement:

I am a member of a Safe Zone Ally community network, and I am available to listen and support you in a safe and confidential manner. As a Safe Zone Ally, I can help you connect with resources on campus to address problems you may face that interfere with your academic and social success on campus as it relates to issues surrounding sexual orientation and gender identity. My goal is to help you be successful and to maintain a safe and equitable campus. For more information visit the Office of Cultural Diversity and Inclusion located in the Library, room 120J or online at www.mayvillestate.edu/diversity.

Late Arrivals

The grading system for students adding this course after the first day of instruction will be modified. The student will be graded only on the activities that transpired while the student is enrolled. Students will not be penalized for missed assignments, but the student is still responsible for learning the course material that was covered during their initial absence.