

THIRD ANNUAL FARMERS BOWL

"BACK BEHIND THE BARN" 5K Run/Walk

Saturday, September 21, 2013

Check In: 7:15 a.m.

START Time: 8:00 a.m.

Start/Finish: In front of Old Main

Entry Fee: By September 1 is \$20 (includes T-shirt)

After September 1, no T-shirt. Race Day: \$25

**Please make checks payable to: MSU Wellness
Center**



Forms may be mailed to: MSU Wellness Center 330 Third Street NE Mayville, ND 58257

ALL PROCEEDS GO TOWARD THE PURCHASE OF NEW EQUIPMENT.

ENTRY FORM

First and last name: _____

Male/Female **T-shirt Size (Unisex) S M L XL XXL**

Address: _____ **City** _____ **State** _____

Emergency contact name & phone number: _____

I hereby acknowledge my health is ready for vigorous activity during this 5K Run/Walk. I understand the risks and hazards that are inherent in this type of event, and that by participating in this event, I may incur injuries or death, or damages to or loss of my property. I assume the risks and hazards associated with my participation in this event, and financial responsibility for the same, including bodily injuries, including death, and property damage and loss. I hereby release and hold harmless Mayville State University, its employees, agents and volunteers from any and all claims arising out of my participation in this event, or the participation of a minor for whom I am signing. I give permission to use any images taken of me or the minor for whom I am signing during this event in promotional materials by Mayville State University.

Signature: _____

Date: _____

Participant

Guardian (if participant is less than 18 yoa)