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Health, Physical Education and Recreation

Minor: Coaching

This minor does not qualify a student to teach physical education. It is recommended that all physical education majors and minors complete the additional HPER courses required for this minor to qualify for a coaching certificate in those states that require such certification. The coaching minor will give the student a more comprehensive understanding of the many facets of coaching.



Core Requirements (Pre-requisites: BIOL 111 or BIOL 150, BIOL 220 and HPER 210)

HPER 207	Prevention & Care of Injuries	
HPER 222	Nutrition	
HPER 233	Individual Fitness	1
HPER 321	Fundamentals of Coaching	2
HPER 360	Sport and Exercise Psychology	2
	-OR-	
HPER 380	Sport Sociology	2
HPER 440	Org. & Admin. Of Physical Ed	2
HPER 441	Applied Kinesiology	3
HPER 442	Field Experience and Practicum	
	-OR-	
HPER 485	Summer Camp Leadership	2
Coaching Methods (Choose 4 credits from the following:)		
HPER 361	Football Coaching & Officiating	2
HPER 362	Basketball Coaching & Officiating	2
HPER 363	Track/Field Coaching & Officiating	2
HPER 364	Baseball/Softball Coaching & Officiating	
HPER 366	Volleyball Coaching & Officiating	



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