



At Mayville State, you'll earn more than a degree. You'll earn an education.

Health/Health Education • *Bachelor of Science in Education*

Personal Service

We pride ourselves on being just the right size to give students the time they need to be successful. Our average class size is 15, so you will have small, personalized class settings with a technological focus for you to receive the education that you deserve. Your professors will introduce you to new ways of thinking, explore issues creatively, and evaluate ideas as you engage in the world.

Opportunity

Whether it's music, athletics, or politics, students at MSU have the chance to participate in a variety of activities and clubs. These organizations are a great way to make new friends with similar interests, and the involvement outside the classroom looks great on a resume.

Some clubs and activities include:

- Theater
- Band & choir
- Computer Technology Club
- Science Club
- Comet Radio
- Student government
- Intramural sports

Success

Our students get jobs. Period. Job placement rates are consistently 96-98%! We also have internship opportunities to give you real, hands-on learning experiences and make your resume stand out.

Value

The combination of MSU's affordability and its unique offerings make it a Best in the Midwest College, as designated by the Princeton Review. MSU was also named one of the 2013 top three Public Regional Colleges in the Midwest by U.S. News & World Report.



The Program

Health is an ever-changing condition of well being, influenced by intellectual, occupational, social, emotional, physical, and spiritual factors. As a student in Mayville State's health/health education programs, you'll enjoy experiences that encourage and facilitate the development of healthy behaviors and lifestyles as you prepare yourself to teach others about healthy living. The health/health education programs prepare you to establish a broad foundation from which you can enter into many facets of the field of health, teach health in schools, or further your education at the graduate level.

Mayville State University's health/health education programs prepare you to be successful in and out of the classroom. In your career in health, you'll be making a difference in the lives of others through your opportunities to teach and inform individuals about the health and fitness issues they face.

Career Paths

Lifelong Preparation. The broad foundation this program provides prepares you to enter into many different aspects of health. Courses in anatomy, community health, nutrition, psychology, sociology, and more will give you a diverse educational background. You can get real-world experience through work with a number of regional organizations.

New Facility Use Availability. The Mayville State Wellness Center is a wonderful facility in which you'll have the opportunity to work with the latest fitness equipment and to assess users with upgraded technology. The Wellness Center features a multi-purpose gymnasium, an aerobics room, and a cardio room that houses weight lifting equipment, exercise bikes, and treadmills.

Teaching. You'll have a first-rate student teaching experience through Mayville State. We work with experienced and highly qualified cooperating teachers who will provide you with a positive learning environment while mentoring your professional growth.



1-800-437-4104
www.MayvilleState.edu

A Word About Our Grads

Graduates of Mayville State's health programs find a number of doors open to them upon graduation, including graduate study in dietetics and nursing and career opportunities in elder care, health coordination, teaching, rural health, addiction counseling, and more.

MSU's health graduates have gone on to successful careers at a number of local and national organizations throughout the entire country including: Amherst County, VA School District; U.S. Department of the Interior; Sports Conditioning Specialists, Inc.; Vaaler Insurance; and Wells Fargo, Inc.

General Education Courses Health Education - B.S. Ed.

Health education majors must complete 36 hours of general education requirements, including:

- BIOL 150 - General Biology
- COMM 110 - Fundamentals of Public Speaking
- ENGL 110 - Composition I
- ENGL 120 - Composition II
- GEOG 103 - Multicultural World, Global Issues
- MATH 103 - College Algebra
- PSYC 111 - Introduction to Psychology
- SOC 110 - Introduction to Sociology

Candidates for teaching certification must complete the secondary core required for teacher certification to include EDUC 482 - Secondary Methods for Health and Physical Education. A student majoring in health education must satisfactorily pass a comprehensive examination (HPER 476S) prior to graduation.

Health Education

Core Requirements

BIOL 221/L	Anatomy & Physiology II/Lab.....	4
HPER 217	Pers. & Comm. Health.....	2
HPER 222	Nutrition.....	3
HPER 332	Comprehensive Health Ed. K-12.....	3
HPER 340	Mod. Issues & Mat. In Health.....	3
HPER 368	Principles of Conditioning.....	3
HPER 402	Exercise Physiology.....	3
HPER 476S	Comprehensive Review/Exam.....	1
PSYC 450	Health Psychology.....	3
SOC 335	Marriage & the Family.....	3
SOC 355	Drugs & Society.....	3
TOTAL.....		34

General Education Courses Health - B.S.

Health majors must complete 36 hours of general education requirements, including:

- BIOL 150 - General Biology
- COMM 110 - Fundamentals of Public Speaking
- ENGL 110 - Composition I
- ENGL 120 - Composition II
- GEOG 103 - Multicultural World, Global Issues
- MATH 103 - College Algebra
- PSYC 111 - Introduction to Psychology
- SOC 110 - Introduction to Sociology

A student majoring in health must satisfactorily pass a comprehensive examination (HPER 476S) prior to graduation.

