

Physical Education

B.S. Ed. - Bachelor of Science in Education

The Program

This program with its recommended minor in Developmental Adapted Physical Education and/or Coaching will prepare you for a career in teaching and coaching. Mayville State is respected throughout our region for preparing quality teachers. With your major in Physical Education, you'll be eligible to seek K-12 certification, and you can tailor your Coaching minor to emphasize the sports that interest you most.



Advantages

Lifelong Preparation - Mayville State Education programs are designed to prepare you for lifelong success. You'll learn about how children learn and develop and how to use different teaching strategies, motivational techniques and communication tools that will help to make you the best teacher you can be.

Classroom Experience - You'll have an opportunity to make the most of your student teaching experience. Mayville State works with experienced and highly qualified cooperating teachers who will provide you a positive learning environment and mentor your professional growth.

Variability - Mayville State's physical education major offers you the flexibility to choose from a variety of minors, including Developmental Adapted Physical Education (DAPE). Public schools across the country are searching for teachers who can work with special needs students. The DAPE minor will provide you with the background and practical experience you will need to provide quality physical education experiences for students with special education needs.

At Mayville State, we give you more of just about everything.

A Little More Personal

We pride ourselves on being just the right size to give students the time they deserve.

A Little More Opportunity

You'll get the opportunity to develop your leadership skills to help you succeed in your career after graduating.

A Little More Success

Our students get jobs. Period. We also have internship opportunities to give you real, hands-on learning experiences and make your resume stand out.



Become a Comet VIP!

Get a little more informed.

www.mayvillestate.edu/become_a_student



A Little More for your college experience

A Word About Our Grads

Mayville State University Physical Education graduates are some of the most sought after teaching candidates in the nation. Teachers trained at Mayville State are leaders who make a tremendous professional and civic impact in their local communities. They are making an impact locally and in schools across the nation. Mayville State

graduates are employed as teachers and administrators in schools throughout North Dakota, Minnesota, Arizona, California, Florida, Nevada, Texas, Wyoming and many other states and abroad. More than 800 of the educators currently teaching in North Dakota elementary and high schools are Mayville State graduates.

Physical Education

Candidates for teacher certification must complete the secondary education core required for teacher certification (See Education section of the Mayville State University academic catalog), including EDUC 482-Secondary Methods for Health and Physical Education.

Students seeking K-12 certification in Physical Education must complete HPER 319 and student teaching experience at both the elementary and secondary levels. The MSU Division of Health, Physical Education and Recreation recommends that all physical education majors complete

the additional HPER courses needed to complete the coaching minor. Students who major in Physical Education are strongly advised to select a second teaching major. A student majoring in physical education must satisfactorily pass a comprehensive examination (HPER 476S) prior to graduation.

B.S. Ed. Physical Education majors complete 36 hours of general education, including BIOL 111 or BIOL 150, BIOL 220, COMM 110, ENGL 110, ENGL 120, GEOG 103, MATH 103 and PSYC 111, which are pre-requisites to this major.

Physical Education

Core Requirements

HPER 120	Racquet Sports.....	1
HPER 206	Social/Folk Dance.....	1
HPER 207	Prev. & Care of Injuries.....	2
HPER 208	Rhythms and Tumbling.....	1
HPER 210	First Aid & CPR.....	1
HPER 217	Personal & Comm. Health.....	2
HPER 219	Lifeguard Training.....	1
HPER 233	Individual Fitness.....	1
HPER 310	Found. & History of PE/Athletics...	2
HPER 319	Health & PE in the Elem. Sch.....	2
HPER 333	PE for the Exceptional Child.....	2
HPER 350	Motor Learning.....	2
HPER 370	Fit/Sports Teaching Tech.....	3
HPER 402	Exercise Physiology.....	3
HPER 415	Eval. Of Phychomotor Perf.....	3
HPER 440	Org. & Admin. of PE.....	2
HPER 441	Applied Kinesiology.....	3
HPER 476S	Comp. Review/Exam.....	3

Select one credit from the following

HPER 130	Outdoor Pursuits.....	1
HPER 135	Golf/Bowling.....	1
HPER 153	Recreational Sports.....	1

Specialization Areas

Specialization areas include Coaching, Coaching Methods, Developmental Adapted Physical Education (ADPE), Sports Management and Health/Health Education. See the Mayville State academic catalog (www.mayvillestate.edu/academics/catalogs) for specific courses involved in each of the specialization areas.

Coaching (minor)

Core Requirements

HPER 207	Prevention & Care of Injuries.....	3
HPER 222	Nutrition.....	3
HPER 233	Individual Fitness.....	1
HPER 360	Sports Psychology.....	2
HPER 402	Exercise Physiology.....	3
HPER 440	Org. & Admin. Of Physical Ed.....	2
HPER 441	Applied Kinesiology.....	3
HPER 442	Field Experience.....	2

Choose 4 credits from:

HPER 361	Football Coaching & Officiating....	2
HPER 362	Basketball Coaching & Officiating..	2
HPER 363	Track & Field Coaching & Officiating.....	2
HPER 364	Baseball/Softball Coaching & Officiating.....	2
HPER 366	Volleyball Coaching & Officiating..	2



Mayville State University

www.mayvillestate.edu • 800.437.4104