

Mayville State University

Health, Physical Education and Recreation

Minor: Physical Education

Candidates for secondary teacher certification must also complete EDUC 398-Secondary Education Field Experience and EDUC 482-Secondary Methods for Health and Physical Education. Students seeking K-12 certification in Physical Education must complete both EDUC 482 and HPER 319. Additionally student teaching must include experience at both the elementary and secondary levels. Students completing this minor are strongly advised to complete the additional HPER courses that are needed to complete the coaching minor.

Core Requirements (Pre-requisites: BIOL 111, BIOL 220, HPER 210)

HPER 206	Social Folk/Dance.....	1
HPER 209	Rhythms and Tumbling.....	1
HPER 310	Foun./Hist. of Phys. Educ. in Athletics.....	2
HPER 333	Phys. Educ. for the Exceptional Child.....	2
HPER 370	Fitness/Sports Teaching Techniques.....	3
HPER 402	Exercise Physiology.....	3
HPER 415	Evaluation of Psychomotor Performance.....	3
HPER 440	Org./Admin. of Phys. Ed. in Athletics.....	2

Movement Skills: (select 1 course from the following)

HPER 120	Racquet Sports.....	1
HPER 130	Outdoor Pursuits.....	1
HPER 135	Golfing.....	1
HPER 153	Recreational Sports.....	1

Aquatics: (select 1 course from the following)

HPER 219	Lifeguard Training.....	1
HPER 261	Inter. Swimming/Basic Water Safety.....	1
HPER 263	Adv. Swimming/Basic Water Rescue.....	1
HPER 265	Water Safety Instructor.....	2



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