

# Mayville State University

## Health, Physical Education and Recreation

*Minor: Health  
Health Education*



Health Education minors complete the general education requirements plus the program requirements listed below. Candidates for teaching certification must complete the secondary core required for teacher certification to include EDUC 398-Secondary Education Field Experience and EDUC 482. A student completing a minor in Health or Health Education must satisfactorily pass a comprehensive examination (HPER 476S) prior to graduation.

### Core Requirements

Pre-Requisites: BIOL 111 or 150, BIOL 220, PSYC 111, SOC 110 and HPER 210

HPER 217	Personal and Community Health.....	2
HPER 222	Nutrition .....	3
HPER 332	Comprehensive Health Educ. for K-12.....	3
HPER 340	Modern Issues and Materials in Health.....	3
HPER 402	Exercise Physiology.....	3
HPER 450	Health Psychology.....	3
SOC 335	Marriage and Family.....	3
-OR-		
SOC 355	Drugs and Society.....	3



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