

# Mayville State University

## Health, Physical Education and Recreation

### Minor: Coaching

This minor does not qualify a student to teach physical education. It is recommended that all Physical Education majors and minors complete the additional HPER courses required for this minor to qualify for a coaching certificate in those states that require such certification. The coaching minor will give the student a more comprehensive understanding of the many facets of coaching.



### Core Requirements (Pre-requisites: BIOL 111 or BIOL 150, BIOL 220 and HPER 210)

HPER 207	Prevention & Care of Injuries.....	3
HPER 222	Nutrition.....	3
HPER 233	Individual Fitness.....	1
HPER 360	Sports & Social Psychology.....	3
HPER 402	Exercise Physiology.....	3
HPER 440	Org. & Admin. Of Physical Ed.....	2
HPER 441	Applied Kinesiology.....	3
HPER 442	Field Experience (80 hrs).....	2

### Coaching Methods (Choose 4 credits from the following:)

HPER 361	Football Coaching & Officiating.....	2
HPER 362	Basketball Coaching & Officiating.....	2
HPER 363	Track & Field Coaching & Officiating.....	2
HPER 364	Baseball/Softball Coaching & Officiating.....	2
HPER 366	Volleyball Coaching & Officiating.....	2



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